"The belly is the ruler of the mind"

## ANTIPASTI

Arancini

Rice balls served on a bed of rocket with warm Napolitana sauce and Pecorino cheese or choose Gorgonzola sauce.
Lemon Pepper Calamari
Tendered fried calamari, rocket, onion, pomegranate seeds, cucumber and carrots dressed with basil aioli.

## Scallops *

Pan fried scallops cooked with capers, wine, garlic and parsley in a creamy sauce.

## Prawn Tails*

King prawns cooked in garlic or sweet chillisauce served with warm ciabatta.

## Pork Belly *

12 hour slow cooked pork belly served with apple and pork jus and broccolini.

## Meat Balls

Cooked in a rich tomato sauce topped with melted bocconcini, fresh bread grilled with salt and pepper olive oil and oregano seasoning.

## Prawn and Avo Bruschetta

Garlic prawns, Benny's aioli and avocado on toasted ciabatta, finished with Italian glaze.

## Tomato Bruschetta

Melted bocconcini, diced tomatoes, onions and fresh basil on toasted ciabatta.

## Garlic Bread

Tasty bread with garlic butter and parsley. With cheese add 1

## Parmesan Herb Bread

Tasty bread with parmesan herb butter and parsley.
With cheese add 1

## Sweet Potato Chips

Served with tomato/bbq/G aioli.

## Toppa

Tomato base or garlic oil base. Large 19
Family 23

## KIDS MENU

Kids Size Pasta
10
Gourmet pasta add 2
Chicken Nuggets
Served with chips and a side of tomato sauce.

Follow us on

[^0] in the same kitchen and cross contamination may still occur.

## PIZZA

## GOURMET

LARGE 23 FAMILY 28.50 GLUTEN FREE 28

## Rocket

Tomato base, garlic, prosciutto, rocket, parmesan cheese and a drizzle of olive oil.

## Roma

Tomato base, mozzarella cheese, prosciutto, cherry tomatoes, avocado and bocconcini.

## The Lot

Tomato base, mozzarella cheese, ham, mushrooms, salami, capsicum, olives, onions and pineapple.

## Mediterranean

Tomato base, mozzarella cheese, ham, capsicum, olives, oregano and feta.

## Siciliano

Tomato base, mozzarella cheese, capsicum, eggplant, prosciutto, olives and topped with feta.

## Garlic Tiger Prawns

Tiger prawns, mozzarella cheese, spinach, capsicum on Napolitana sauce base, finished with garlic aioli.

## Milano

Garlic oil base, mozzarella cheese, spinach, tomato bruschetta, salami, garlic prawns and chilli.

## TRADITIONAL

## LARGE 21 FAMILY 26 GLUTEN FREE 26

## Capricciosa

Tomato base, mozzarella cheese, ham, mushrooms olives and anchovies.

## Margarita

Tomato base, mozzarella cheese and oregano.

## BBQ Chicken

Tomato base, mozzarella cheese, chicken, mushrooms, onions and bbq sauce.

## Vegetarian

Tomato base, mozzarella cheese, pineapple, mushrooms, roasted capsicum, olives and onion.

## Chorizo \& Mushroom

Tomato base, mozzarella cheese, chorizo, capsicum, mushrooms and onion.

## Pepperoni

Tomato base, mozzarella cheese and salami.

## Meat Lovers

Tomato base, mozzarella cheese, bacon, ham, chicken breast, salami and bbq sauce.

## Hawaiian

Tomato base, mozzarella cheese, ham and pineapple.

## Mexican

Tomato base, mozzarella cheese, ham, capsicum, jalapenos, onions and chilli flakes.

## Calabrese

Tomato base, mozzarella cheese, salami, olives, anchovies and chilli.

ruler of the mind"

## MAINS

## Angus Scotch Fillet *

34
Served with a side of vegetables.
Surf \& turf available add 10

## Sauces Available

Pepper, Mushroom, diane, chef special steak sauce.
Steaks caaked ta your liking

## Chicken Parmigiana

Lightly fried crumbed chicken breast topped with grilled eggplant, rich Napolitana sauce and mozzarella cheese. Served with a side of vegetables. Plain schnitzel also available.

## Veal Parmigiana

Veal schnitzel topped with bolognese sauce and mozzarella cheese. Served with a side vegetables. Plain veal schnitzel also available.

## Fillet of Barramundi Wrapped in

 Prosciutto *Barramundi brushed with herb butter and finished in the oven with our capers and cream sauce.

Lamb Racks *
Lamb racks cooked with dijon mustard and flavoured bread crumbs. Served with mash potato and lamb sauce.

Pan Fried Salmon *
Pan fried salmon served on top of spinach, mushrooms and tomatoes, dressed with balsamic glaze. Served with a side of vegetables.

## Chicken Inverno *

Shallots, chicken breast, king prawns, avocado and spinach in a cream sauce
with a touch of garlic and a dash of brandy.

## Pollo Funghi *

Chicken breast cooked with mushrooms in cream with a dash of Marsala wine. Served with vegetables

Beef Cheeks *
16 hour slow cooked beef cheeks served on a bed of mash with green beans sautéd in almond meal. Finished with beef cheek sauce.

## Saltimbocca *

Premium cut scallopini and Italian prosciutto cooked in garlic, white wine, butter and sage sauce. Served with a side of vegetables.

Scaloppini Funghi *
Scaloppini cooked with chunky mushrooms in a creamy sauce with a touch of Marsala wine. Served with a side of vegetables.

## SALADS

Salmon \& Avocado Salad *

Salad mix, chat potatoes, cucumber, bruschetta mix and spanish onions dressed with dill and lime aioli.

Chicken Avocado Salad *
Chicken breast, lettuce, cucumber, capsicum, fresh tomato and avocado with mayonnaise dressing.
Chicken Caesar Salad *
Chicken breast, bacon, lettuce, croutons, parmesan cheese and boiled egg with caesar dressing.

## Pork Belly Salad *

12 hour slow cooked pork belly served with peanuts, baby spinach, roasted capsicum, tomato bruschetta, shredded carrots dressed with our homemade apple and pork jus dressing.

## Beetroot \& Pumpkin Salad *

Spinach, beetroot, roasted pumpkin, feta and pecan nuts with honey balsamic dressing. With chicken add 6

## Garden Salad *

Mix lettuce, cucumber, olives, fresh tomatoes, carrots, onions and feta dressed with balsamic dressing.

## ROLLS/BURGERS

Grilled eggplant, roasted capsicum, grilled zucchini, pumpkin and spinach. Served with Gorgonzola sauce.
With chicken add 5

Beef Burger
House made beef patty, iceberg lettuce, dijon mustard, onions, crispy bacon, slice cheese and tomato relish on a toasted brioche bun with a side of chips.

Chicken Burger
Crispy chicken breast, iceberg lettuce, jalapenos, crispy bacon, slice cheese and garlic aioli on a toasted brioche bun with a side of chips.

Chicken Cotoletta
Chicken schnitzel topped with Napolitana sauce, mozzarella cheese, fresh tomato and lettuce served on turkish bread with a side of chips.

## Veal Cotoletta

Veal schnitzel topped with bolognese sauce, mozzarella cheese, fresh tomato and lettuce served on turkish bread with a side of chips.

Steak Sandwich

Steak fillet, rocket, onion, tomato relish and mustard mayo served on turkish bread with a side of chips.

## TRADITIONAL

## Chef Special

Onion, bacon, cherry tomatoes, feta, rocket and a chilli oil base.

## Vegetarian

Shallots, mushrooms, capsicum, olives, peas and spinach in Napolitana sauce.

## Matriciana

20
Onion, salami, roasted capsicum and rocket, cooked in Napolitana sauce with a touch of chilli.

## Boscaiola

Bacon, mushrooms and peas, cooked in Napolitana sauce with a touch of cream.

## Chicken \& Mushroom

Chicken breast and mushrooms, cooked in Napolitana sauce with a touch of cream.

## ?? Special

Onion, bacon, peas and mushrooms, cooked in creamy sauce.

## Bolognese

Rich mince beef ragu.

## Napolitana

Rich tomato and fresh herb sauce.

Pesto Pasta
Shallots, chicken, basil pesto and garlic cooked in cream sauce with touch of white wine.

## DESSERTS

## Sticky Date Pudding

Sticky date pudding served with vanilla ice cream and butterscotch sauce.

## Chocolate Lava Fondant

Chocolate fondant served with vanilla ice cream.

Crème Brûlée
Home Made Cakes

All of our pasta is hand made fresh every day and served with grated Pecorino cheese.

Rigatoni, Fettuccini, Spaghetti, Risotto and Gnocchi (extra 3)

## GOURMET

Benny Special ..... 23
Confit onions, chorizo, prawns, rocket anda touch of chilli.
Gorgonzola23
Garlic, white wine, Gorgonzola cheese, cooked in a cream sauce.
Spicy Lobster26.5
Diced lobster, cherry tomatoes, shallots, cooked in a mild creamy sauce.

## Pumpkin Pasta

24.5Roasted pumpkin, pine nuts, butter, garlic, goat's cheese and baby spinach.

## Marinara

Prawns, mussels and calamari cooked in a rich Napolitana sauce with a touch of white wine.
Chicken \& Avo24
Chicken breast, avocado, garlic, parsley in a cream sauce with a touch of white wine.

## Gamberoni

Shallots, garlic, chicken breast, mushrooms and king prawns in a creamy Napolitana sauce.


[^0]:    * Gluten free available on request. We do our best, however we cannot guarantee these gluten free options are 100\% free from gluten, as all products are prepared

